

Old Noarlunga Primary School

Learning at Home

Term 1 2022



Government of South Australia
Department for Education



The purpose of this document is to outline the procedures for the delivery of learning programs for students learning at home in the event of school closure or restrictions related to COVID-19.

When Learning at Home

At Old Noarlunga Primary School we will use the following platforms.

R-3

R-3 students will have 3 platforms for Home Learning

- Seesaw
- Webex video conferencing sessions – these session times will be communicated by the class teacher.
- Online Learning Links – provided by the class teacher

Years 4-6

Students in Years 4-6 will be doing Home Learning through 3 platforms

- Seesaw
- Google Classroom
- Webex Video conference sessions – these session times will be communicated by the class teacher

Accessing Seesaw for Reception to Year 6

Seesaw is the main communication tool for all classes at Old Noarlunga Primary School. Access to Seesaw is essential for regular communication with the class teacher and to access Home Learning programs. Through Seesaw, students and families can:

- Communicate with the class teacher
- Access tasks
- Share learning
- Share photos and videos of classroom or home learning activities.

A device with an internet connection, including mobile phones, iPads or other devices, is required.

The class teacher will provide an invitation link to families via email, mobile phone number or QR code.

On your mobile phone

1. Download the free Seesaw Family app for iOS or Android
2. Choose “Create Family Account”
3. Scan the QR code provided by your child’s class teacher using Seesaw’s built-in QR code scanner
4. Create your account

From your computer

1. In a web browser, go to:
<https://app.seesaw.me/s/329-982-803>
2. Choose your child from the list
3. Create your account
4. Once you’re approved by your child’s class teacher, you’ll get access to Seesaw.

If you’ve used Seesaw before or have more than one child using Seesaw, follow these steps:

1. Sign in to your account in Seesaw Family app or on the web at <https://app.seesaw.me>
2. Click on your profile icon, click “+Add Child’s Journal” button, then scan the QR code provided by your child’s class teacher.

Accessing Cisco Webex for Video Conferencing Sessions

Webex is the preferred video-conferencing app for the Department for Education. It will be used regularly for classroom teachers and students to communicate with children and parents at home.

Webex is available on all devices, but will require the download of an app.

1. You child's teacher will provide you with a link and set times to access the Webex video meeting.
2. At the correct time, click on the link you have been sent.
3. The first time you access Webex, you will be asked to download an app. Download the app onto your device.
4. You will be asked if you want to allow Webex to access your devices camera and microphone. You will need to allow this if you wish to participate in the video meeting.
5. Once the app has installed, and you have allowed access to your camera and microphone, you will be asked to enter your name and email address.
6. You will then be placed in a "waiting room" until the teacher is ready to begin the meeting.
7. If you are late arriving at a meeting, the teacher can still approve your entry to the meeting.

Accessing Google Classroom for Years 4-6

Google Classroom will be used by all classes from Years 4-7. Through Google Classroom, students can:

- access tasks
- submit completed work
- communicate with classmates and their teacher regarding tasks
- access feedback and scores for completed tasks

A device with an internet connection is required.

1. To logon to Google Classroom, go to www.google.com.au.
2. Click on the blue "Sign In" button in the top right corner of the screen. (If this does not appear, then refresh the page).
3. Your child should then enter their normal computer login, followed by @onps.sa.edu.au (for example student@onps.sa.edu.au).
4. Your child should then enter their normal password.
5. The "Sign In" button will now change to a coloured circle with your child's initial. All of the apps, including Google Classroom are accessible from the nine square (waffle) symbol in the top right corner.

All login details will be provided by your child's class teacher. While laptop or desktop computers are most suitable for using Google Classroom, apps can be downloaded for all devices.

Attendance

Student attendance will be marked through through Seesaw and for each Webex video conference session, where these are held. Students are required to have regular visual contact with their teacher in this way.

Students who are not at the video conference or who have their attendance registered through Seesaw will be marked as U-Unexplained

Parents are required to notify the Front Office via phone or email if their child will not be attending the scheduled Webex sessions and the reasons why. ie. Family reasons, illness etc

Follow up attendance

All absence from the Webex sessions, or agreed online attendance processes longer than 2 days without explanation will be referred to the Principal.

Communication with the Class teacher

Class teachers can be contacted via Seesaw or direct to the class teacher's school email address. All communication will occur between 8.00am and 4.00pm, with enquiries acknowledged within 48 hours.

Suggested timetables

Below are suggested timetables for students while learning at home. Families may choose to adapt or modify these timetables to their own circumstances.

Reception-Year 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Block 1 60 minutes	Literacy Block				
Break	Snack break plus Fitness or Play				
Block 2 60 minutes	Mathematics Block	Mathematics Block	Mathematics Block	Mathematics Block	Mathematics Block
Break	Lunch break plus Fitness or Play				
Block 3 30 minutes	Integrated Learning	Integrated Learning	Integrated Learning	Integrated Learning	Integrated Learning
Break	Fitness or Play Break				
Block 4 30 minutes	Other Integrated Learning including Japanese PE, The Arts				

Years 3-6

	Monday	Tuesday	Wednesday	Thursday	Friday
Block 1 90 minutes	Literacy Block				
Break	Snack break plus Fitness or Play				
Block 3 90 minutes	Mathematics Block	Mathematics Block	Mathematics Block	Mathematics Block	Mathematics Block
Break	Lunch break plus Fitness or Play				
Block 3 90 minutes	Other Integrated Learning including Japanese PE, The Arts				

Online Behaviour

To ensure the safety of staff, parents and students:

- All online contact between teachers, parents and students must relate only to teaching and learning via the documented methods.
- No participant will share their personal internet locations or personal matters via social media, internet posts or use private online chat rooms
- Participants will not create, upload or publish still images, moving images or audio recordings of video conferences or other communication.
- Staff are not to use their personal phones to contact parents or students
- Staff will only be available to respond to questions between 8am and 4pm.

Online Video Conferences

Staff will:

- Run a video conference session with their class at times communicated by the class teacher.
- Take an attendance record

Students will:

- Recognise that normal school expectations apply
- Engage respectfully in discussions
- Come prepared as required
- Access the video conference in a shared space at home ie. not from their bedrooms
- Not record or photograph any part of the conference
- Wear their school top

Parents will:

- Provide suitable support to log into the Webex video conference session
- Ensure that their children are accessing the video conference in a suitable shared space in the house free from unnecessary distractions and noise
- Avoid participating in the video conference session where possible.

Wellbeing

Despite the changes to daily operations, Old Noarlunga Primary School is still available to offer wellbeing services to support your child. If you have concerns about the wellbeing of your child and would like to arrange a time to discuss these, please contact the school on 08 8386 2093, or email joel.catchlove402@schools.sa.edu.au. A member of our leadership team will contact you to follow up.

Our Pastoral Support Worker Chris Oxenham is available by appointment. Please telephone the school or email chris.oxenham137@schools.sa.edu.au.

As COVID-19 has disrupted many elements of our lives, your child may experience elevated anxiety. The World Health Organisation recommends several strategies for parents and caregivers to support children at this time:

- Children may respond to stress in different ways such as being more clingy, anxious, withdrawing, angry or agitated, bedwetting etc. Respond to your child's reactions in a supportive way, listen to their concerns and give them extra love and attention.
- Remember to listen to your children, speak kindly and reassure them. If possible, make opportunities for the child to play and relax.
- Keep to regular routines and schedules as much as possible, or help create new ones in a new environment, including school/learning as well as time for safely playing and relaxing.
- Provide facts about what has happened, explain what is going on now and give them clear information about how to reduce their risk of being infected by the disease in words that they can understand depending on their age.
- This also includes providing information about what could happen in a reassuring way (e.g. a family member and/or the child may start not feeling well and may have to go to the hospital for some time so doctors can help them feel better).

Included in the Home Learning resources provided by staff will also be a number of activities to promote physical activity, mindfulness and wellbeing. These will be an important element of the home learning program.

In addition, there are a number of resources and support services available online or via telephone:

Be You: [COVID-19 supporting educators, children and young people](#)

Headspace (information for young people): [how to cope with stress related to Novel Coronavirus \(COVID-19\)](#)

Beyond Blue: [looking after your mental health during the coronavirus outbreak](#)

The Australian Psychological Society: [advice about maintaining positive mental health during the outbreak](#)

The following services can provide mental health support 24 hours a day:

Kids Helpline 1800 55 1800

Life Line 13 11 14

Beyond Blue 1300 22 46 36

Headspace 1800 650 890

eSafety

For further information please go to: <https://www.esafety.gov.au/key-issues/covid-19>

How to help your children stay safe online

Has your child's daycare or school shut down? Have holidays started early? Are you playing it safe or just staying home with the kids more because their usual activities have been cancelled?

Whatever the reason, COVID-19 is likely to mean young people spending more time at home, and online. There are a lot of great ways they can use connected devices to learn and play, but there are also risks that you can help them avoid.

eSafety has a wide range of advice for [parents and carers](#) covering common online safety issues like managing screen time, cyberbullying, inappropriate content, sending nudes and contact from strangers.

Here are some steps to help protect young people.

1. Start the chat

It's not possible to be at your child's side every second of the day, so it's important to talk with them about online safety issues to help develop their critical thinking and ability to make good choices. It's also good to let them know they can come to you for help if they have any concerns. You may feel they know more about the latest technology than you do, but you have more life experience to guide them.

- Take the opportunity to [set some boundaries](#) around when and where they can use devices like tablets, smart TVs and gaming consoles, to help limit potential tech tantrums — you could even fill in an Early Years [Family Tech Agreement](#).
- While you are all at home more, it's a great time to co-view and co-play with your kids, so you can understand what they are doing and experiencing online.
- Learn about the games, apps, social media and platforms they are using at [The eSafety Guide](#), including how to protect their information and report inappropriate content or conduct.
- Encourage them to explore eSafety's targeted advice for [kids](#) (primary school) and [young people](#) (secondary school).
- Check eSafety's tips for talking with your child about [tricky personal subjects](#) like online pornography.

2. Use parental controls and safe search options

[Parental controls](#) can help block your child from accessing specific websites, apps or functions. They can also monitor your child's use of connected devices and set time limits. But beware! You cannot always rely on them — they should be used in combination with other online safety strategies.

- Parental controls are available on most tablets, smartphones, computers, TVs and gaming consoles.
- You can also download family safety controls or buy robust filters out of the box.
- You can set up child-friendly search engines, or select safe search settings on digital devices, to help prevent your child from stumbling across inappropriate sites and content.

3. Check smart toy settings

It's surprising how many toys or devices can connect online these days, from drones and smart teddies to tablets and wearables. While they can be both entertaining and educational, they can reveal your child's personal details and location — and allow other people to contact them without you knowing. You can help keep them stay safe by:

- setting strong passwords
- turning off location settings
- limiting the amount of personal information shared.

The [eSafety Gift Guide](#) has advice on what to check for and how to stay safe.

4. Look out for unwanted contact and grooming

Unwanted contact is any communication that makes your child feel uncomfortable or unsafe, even if they initially welcomed the contact. It can come from a stranger, an online ‘friend’ or even someone they actually know. At worst, it can involve ‘grooming’ — building a relationship with the child in order to sexually abuse them.

You can help by:

- making sure their accounts are private — including chat functions on games
- encouraging them to delete requests from strangers and any contacts they don’t know in person
- reporting and blocking anyone suspicious on a website or service
- remembering that if they become aggressive or threatening you should contact your local police.

5. Know the signs of cyberbullying

Kids who are bored by long periods at home can pick at each other, and that happens online too. So it’s important to keep an eye out for [cyberbullying](#). It can include mean posts, comments and messages, as well as being left out of online group activities like gaming.

- Remember, when they are away from school, kids have less access to their usual support systems, including friends, teachers and counsellors.
- eSafety research shows that 14 is the average age of kids who are cyberbullied, girls are more likely to be affected than boys and the person doing the bullying is generally someone they know from school.
- Watch out for signs like your child or teen appearing upset after using their mobile, tablet or computer, being unusually secretive about their online activities or becoming withdrawn.
- Cyberbullying can make social isolation worse and the longer it continues, the more stressed kids can become, impacting on their emotional and physical wellbeing.

What to do if your child is being cyberbullied

As parents, our first instinct may be to ban our children from social media, disable the wi-fi or turn off the data access. But this can actually compound the problem, making your child feel as if they’re being punished and heightening their sense of social exclusion.

There are four simple steps that can help minimise the harm:

- report the cyberbullying to the social media service where it is occurring
- collect [evidence](#) of the cyberbullying material
- if the material is still public 48 hours later, make a [report to eSafety](#) — we work with social media platforms to have the harmful content removed.
- block the offending user.